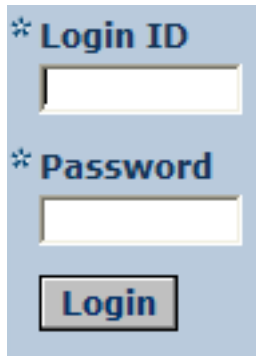


To log into the Learning Management System:

- Enter your Login ID in the Login ID box (*you created this when you first registered your account*).
- Enter your password in the Password box (*you created this when you first registered your account*).
- Click the Login button.



The image shows a login form with a light blue background. It contains three main elements: a text input field labeled '* Login ID', another text input field labeled '* Password', and a button labeled 'Login'.

**If you do not remember either your Login ID or Password, you can use the "Login Help" and "Password Help" links from the login page to retrieve them via email. Please see the tutorial that explains how to do this.*

Video Tutorial: <http://www.training-source.org/Tutorials/PrepareIowa/LoginHelp.htm>

Written Directions: