

Specialty Training

Prerequisite: Core Training

Oral Health

Specialized skills to support and maintain an indvidual's oral health.

Core Training

Direct Care Associate Certificate

Basic foundational knowledge and introduction to profession.

Core Competencies:

» Professionalism

OH

- » Person-Centered Approach
- » Communication and Interpersonal Skills
- » Infection Control
- » Documentation
- » Mobility Assistance and Worker Safety

Estimated Course Length: 6 hours

Prerequisite for all Advanced Training Modules

Advanced Training Modules

Prerequisite for all: Core Training



Home & Community Living

Services to enhance or maintain independence, access community supports and services, and achieve personal goals.



Instrumental Activities of Daily Living Services to assist an individual with daily

living tasks to function independently in a home or community setting.

Personal Support

Services to support individuals as they perform personal activities of daily living.



PS

Personal Activities of Daily Living

Services to assist an individual in meeting their basic needs.

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Health Monitoring & Maintenance Services that support and maintain an

individual's health and provide functional support for certain conditions.



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For more information, contact IDPH: directcare@idph.iowa.gov For a list of instructors available to teach these courses, visit www.iowapreparetocare.com

Advanced Training Certificates

Community Living Professional



Prepare to Care

Iowa's Direct Care and Support Curriculum

Description of Training Modules

Core CORE

Basic foundational knowledge and introduction to profession.

- » Professionalism
- » Person-centered approach
- » Infection control » Documentation
- » Communication & interpersonal skills
- » Mobility assistance
- & worker safety

Home and Community Living

Services to enhance or maintain independence, access community supports and services, and achieve personal goals.

- » Home & community-based living principles & services
- » Development & disabilities across the lifespan
- » Behavioral support, crisis prevention & intervention
- » Individualized support plans, outcome-based philosophy,

- » Building & maintaining friendships & relationships
- » Cultural competence



PS

ЪD

Instrumental Activities of Daily Living

Services to assist an individual with daily living tasks to function independently in a home or community setting.

- » Infection control
- » Laundry support
- » Light housekeeping
- » Home safety

Personal Support

Services to support individuals as they perform personal activities of daily living.

- Person-centered support, » maximizina independence
- Community integration, developing partners

» Nutritional support

- » Communication » Principles of teaching and learning

» Safety, infection control

» Personal hygiene support

Personal Activities of Daily Living

Services to assist an individual in meeting their basic needs.

Health Monitoring and Maintenance

- Professionalism, reporting & documentation, legal & regulatory guidelines
- » Person-centered approach, cultural considerations, special populations
- IMN
 - certain conditions. » Aging process
 - » Support for persons with:
 - Sensory, musculoskeletal, gastrointestinal, cardiovascular, respiratory, skin, urinary & reproductive conditions

Oral Health Specialty

Curriculum under development

- Diabetes-mellitus
- Neurologic & nervous disorders
- Mental illness & substance abuse disorders
- Pain

» Vital signs

Services that support and maintain an individual's health and provide functional support for

Estimated course length: 27 hours

- Cancer
- Intellectual & developmental disabilities
- » End of life

- » Functional support, safe patient handling, mobility assistance

» Nutritional support

» Elimination support

DIRECT CARE



Estimated course length: 9 hours

Estimated course length: 48 hours

Estimated course length: 13 hours

Estimated course length: 6 hours

documentation

Estimated course length: 11 hours

» Financial management support » Emergency preparedness